

Exploring your Interests, Skills, and Strengths:

Skills:

What are three skills that come to mind?

- 1.
- 2.
- 3.

Careers:

What are three careers that sound interesting?

- 1.
- 2.
- 3.

Education:

What are three majors you are considering:

- 1.
- 2.
- 3.

Strengths:

What are three strengths that you have?

- 1.
- 2.
- 3.

Work Environment:

What are three things you would want in your work environment?

- 1.
- 2.
- 3.

Interests:

What are three things that excite you or interest you?

- 1.
- 2.
- 3.

